

CENTER FOR NONVIOLENT EDUCATION AND PARENTING
****Fall** Parenting Class Series:**
“Discover More Loving Relationships with Your Children”
Saturdays 10am to noon.

Host: *Center for Living Peace*, 4139 Campus Drive, Irvine, CA 92612 949-854-5500

The goal of this class series is to provide parents with information, support and practice in loving children well so they can develop optimally, by parenting intentionally, using connecting communication, and applying knowledge of brain and child development.

1. Sept. 11 Introduction: Intentional Parenting
2. Sept. 18 The Dominant Paradigm and the Nonviolent Paradigm
3. Sept. 25 Reflections on our own Childhood Experiences
4. Oct. 2 Understanding Brain Development and Child Development
5. Oct. 9 Building Emotional Literacy
6. Oct. 16 Communication: connection, understanding and empathy
(No class Oct. 23)
7. Oct. 30 Anger
8. Nov. 6 Setting Limits Respectfully: A Scaffolding of Support
9. Nov. 13 Integration and Practice
10. Nov. 20 Review, Celebration and Mourning

**Next series starts January 2011.

CNVEP: Phone 213-484-6676; email info@cnvep.org; www.cnvep.org
Instructor: Terry LePage, M.Div, Ph. D. (CNVEP-certified) 949-400-3379

A Short Bibliography

www.cnvep.org- Choose the menu under “learn more” for articles and newsletter archives.

Parenting from the Inside Out by Daniel J. Siegel, m.d. and Mary Hartzell, M. Ed.

Respectful Parents, Respectful Kids by Sura Hart and Victoria Kindle Hodson

How to Raise Emotionally Healthy Children by Gerald Newmark

Beyond Logic, Consequences and Control (vols. 1 & 2) by Heather T. Forbes, LCSW

Playful Parenting by Lawrence J. Cohen, Ph.D.

Connection Parenting by Pam Leo

The Aware Baby by Aletha J. Solter, Ph. D.